

COUPLES INTAKE QUESTIONNAIRE

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INSTRUCTIONS: This Intake Questionnaire is meant to be used as a baseline to start the work needed in your relationship. Please take the time to reflect on your answers and try to be as genuine/honest as possible

1. What are the problems that led you to decide to come to couple's therapy?
2. How long have you and your partner been together? In what form (e.g., dating, living together, married).
3. What initially attracted you to your partner?
4. What was the beginning of your relationship like and how long did this phase last?

9. What do you do when you are angry with him/her? What does your partner do when angry with you?

10. What strengths and weaknesses do you have in resolving conflict? What would you say are your partner's strengths and weaknesses in resolving conflict?

11. Do you enjoy being involved in activities separate from your partner? What do you like to do in those situations?

12. How comfortable are you if your partner spends free time away from you? Explain why.

22. On a scale of 1 to 10, how much do you respect your partner (1=not at all, 10=very highly)? What is it about him/her that creates that level of respect in you?

23. What role have you played in contributing to the problems in your relationship; what tendencies do you have and what actions have you taken that have helped create or have added to the difficulties between you two?

24. If your relationship was a book or movie, what would it be titled? And how would it end?

Name: _____

Date: _____